

Learning Support - learning for life

		Derwent (Y7)		Goyt (Y8/9)		Wye (Y8/9)
Autumn 1	Understanding myself and others	CALL IT OUT Transition activities Coping with change Building resilience Behaviour All about me Emotions Kindness Self-awareness Managing feelings	Understanding myself and others	CALL IT OUT Personal quantities Identity Perceptions of boys and girls Gender Stereotyping Discrimination Peer abuse including cyberbullying Disability awareness Self-awareness Self-care, support & safety	Understanding myself and others	CALL IT OUT Introduction to mental health Happiness and positivity Healthy body, healthy mind Depression and anxiety Self-harm Eating disorders Sleep Self-care, support & safety Healthy lifestyles
Online Safety delivered through computing curriculum						
Autumn2	Mental and physical health	All about me Emotions Kindness What makes us happy? Healthy lifestyles Self-care, support & safety Healthy lifestyles	Mental and physical health	Bacteria, germs and viruses Personal hygiene Our mouth, structure of the tooth. Oral hygiene- tooth decay and healthy habits for good oral health Vaccinations Self-care, support & safety Healthy lifestyles	Mental and physical health	Unhealthy behaviours Smoking and vaping Alcohol Drugs Gaming Self-care, support & safety Healthy lifestyles
Spring 1	Understanding our world	What is community? What is the UK? British values and Identity Immigration Charities Extremism Passport Self-care, support & safety The world I live in	Mental and physical health	How to maintain a healthy diet Physical health and fitness Smoking and vaping Alcohol Personal Safety Self-care, support & safety Healthy lifestyles	Understanding relationships	Assertiveness Toxic friendships Online friendships Loss of friendship Self-awareness Managing feelings

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Spring 2	Understanding relationships	<p>Families Healthy friendships Making better relationships Bullying</p> <p>Self-care, support & safety Changing and growing Managing feelings</p>	<p>Understanding relationships</p> <p>Adult relationships- marriage and cohabiting Families Parenting</p> <p>Changing and growing</p>	<p>Understanding relationships</p> <p>Building healthy relationships Trust and intimacy Consent Coercive behaviour Sexting Sexualisation and media Sexual harassment Self-care, support & safety Changing and growing</p>
Summer 1	Understanding myself	<p>Changing feelings Growing up-Physical changes Body beautiful</p> <p>Managing feelings Changing and growing</p>	<p>Understanding myself</p> <p>What is mental health? Early signs of wellbeing problems Maintaining wellbeing and happiness</p> <p>Self-care, support & safety Managing feelings</p>	<p>Understanding our world</p> <p>Personal safety ASB Social Media The online world vs the real world Media in the modern world Body image Self-care, support & safety Healthy lifestyles</p>
Summer 2	Understanding our world	<p>Road safety Basic first aid Similarities between the online and real world Harmful online behaviours</p> <p>Self-care, support & safety The world I live in</p>	<p>Understanding our world</p> <p>Media Fake news Democracy and government Extremism Poverty</p> <p>Self-care, support & safety The world I live in</p>	<p>Understanding our world</p> <p>Knife crime County lines Extremism Poverty Gender fluidity and homophobia Prejudice and Discrimination Modern Masculinity BLM and Racism</p> <p>Self-care, support & safety The world I live in</p>